

English Holiday Sessions				
Temps			Thème	Planning quotidien général
9h00	9h15	15 minutes	Welcome	The session begins at 9am. We ask that all children arrive by 9h15 in order to respect the schedule. The parents will have the opportunity to meet Katy (the English teacher) and Nina (the yoga teacher) and make sure that their child is comfortable.
9h15	9h30	15 minutes	Introduction	We will begin with a few warm up games and activities. The objective is for the children to get to know each other and for Katy to gauge each child's level of English in order to adapt the later activities if necessary.
9h30	10h00	30 minutes	Kiddie yoga	The first activity will be carried out by Nina, our certified kid's yoga teacher. The yoga session is designed to enhance their flexibility, strength, coordination and body awareness. It's also proven to help improve concentration and the ability to remain calm and relaxed. All in English if course!
10h00	10h30	30 minutes	Listen & learn	The remaining activities will be led by Katy. We will begin by introducing the children to new vocabulary (e.g. animals, transport, clothes, daily routine etc) and then carrying out activities as a group aimed at revising and retaining the new words.
10h30	11h00	30 minutes	Calm & concentrated	The next activities focus on developing reading and writing skills. Each child will have an activity book with reading and writing exercises to complete autonomously. Katy will guide each of the children through the book and will adapt the exercises to each individual depending on their level and learning style.
11h00	11h30	30 minutes	Active & alert	Time to go outside, run around and get some fresh air. The next part of the session encourages the children to be active in English. Weather permitted, Katy will lead several team games and activities with the children outside, and there will be some edible healthy prizes to keep their energy up!

11h30	12h00	30 minutes	Time to talk	Back inside, the last 30 minutes focus on getting the children to speak as much English as possible. Through a variety of games and activities Katy will be encouraging the children to step out of their comfort zone and form full sentences.
12h00	12h15	15 minutes	Home time	It's been a busy 3 hours, but it's time to come and collect your little ones. They'll no doubt be hungry after an action-packed morning.
Extra Activities				<p>On two days we will intergrate some extra activities:</p> <ul style="list-style-type: none"> - Sports Day (1h) which will include several fun races (solo and team) and challenges - Treasure hunt (30 mins) to be done in two teams, which lots of clues to find and riddles to solve.